



**Ballerina™ Rose Gaura**  
*Gaura lindheimeri 'Baltinrose'*

Plant Height: 12 inches

Flower Height: 18 inches

Spread: 12 inches

Spacing: 10 inches

Sunlight: ☉ ●

Hardiness Zone: 5a

Other Names: Butterfly Gaura

**Description:**

Compact well-branched plants bloom continuously throughout the season; strikingly colorful flowers and dark green foliage on an upright airy plant; lovely when massed in the garden and is great for mixed containers

**Ornamental Features**

Ballerina Rose Gaura features airy spikes of rose star-shaped flowers rising above the foliage from early summer to early fall, which emerge from distinctive ruby-red flower buds. The flowers are excellent for cutting. Its narrow leaves remain green in colour throughout the season.

**Landscape Attributes**

Ballerina Rose Gaura is a dense herbaceous perennial with an upright spreading habit of growth. It brings an extremely fine and delicate texture to the garden composition and should be used to full effect.

This is a relatively low maintenance plant, and is best cleaned up in early spring before it resumes active growth for the season. It is a good choice for attracting butterflies to your yard, but is not particularly attractive to deer who tend to leave it alone in favor of tastier treats. It has no significant negative characteristics.

Ballerina Rose Gaura is recommended for the following landscape applications;



*Ballerina Rose Gaura flowers*  
Photo courtesy of NetPS Plant Finder



*Ballerina Rose Gaura in bloom*  
Photo courtesy of NetPS Plant Finder

- Mass Planting
- Border Edging
- General Garden Use
- Container Planting

### **Planting & Growing**

Ballerina Rose Gaura will grow to be about 12 inches tall at maturity extending to 18 inches tall with the flowers, with a spread of 12 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 10 inches apart. Its foliage tends to remain dense right to the ground, not requiring facer plants in front. It grows at a fast rate, and under ideal conditions can be expected to live for approximately 8 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant does best in full sun to partial shade. It is very adaptable to both dry and moist growing conditions, but will not tolerate any standing water. It is not particular as to soil type or pH. It is somewhat tolerant of urban pollution. Consider applying a thick mulch around the root zone in winter to protect it in exposed locations or colder microclimates. This is a selection of a native North American species. It can be propagated by cuttings; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Ballerina Rose Gaura is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing a mass of flowers against which the larger thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.